

To,

All Affiliated Units
School Games Federation of India

Sub : Regarding the Technical Rules in 59th National School Games 2013-14.

Dear Sir/Madam,

The decisions about various disciplines taken in the General Council Meeting of S.G.F.I. held on 20th June 2012 at Chhatrasaal Stadium, Model Town, Delhi are given as under :-

1. **Kabaddi** : In the 59th National School Kabaddi U-14,17,19 Boys & Girls Championship 2013-14 will be held under weight category. The weight category is given below :

No.	Age group	Gender	Size of ground	Weight in KG	Team composition
1.	U-14	Boys	11 x 8 sqm	Below 51 kg	12
2.	U-14	Girls	11 x 8 sqm	Below 48 kg	12
3.	U-17	Boys	12 x 8 sqm	Below 57 kg	12
4.	U-17	Girls	12 x 8 sqm	Below 53 kg	12
5.	U-19	Boys	13 x 10 sqm	Below 65 kg	12
6.	U-19	Girls	12 x 8 sqm	Below 59 kg	12

2. **Athletics** : In the 59th National School Athletics U-14,17,19 Boys & Girls Championship 2013-14 will be held under S.G.F.I. Rules the equipment & events category is given below :

	B - 14	B - 17	B - 19	G - 14	G - 17	G - 19
80MH	76.2cm			76.2cm		
100MH		91.4cm			76.2cm	84cm
110MH			99.0cm			
400MH			91.4cm			76.2cm
SHOT	4kg	5kg	6.0Kg	4kg	4kg	4kg
DISCUS	1Kg	1.5kg	1.75Kg	1kg	1kg	1kg
HAMMER		5kg	6kg		4kg	4kg
JAVELIN		700gms	800gms		600gm	600gm

The 59th National School Tournaments 2013-14 will be organised as above mentioned rule & regulation only. You are requested to do the needful for the preparation of the same.

Thanking you,

(Dr. Rajesh Kumar Mishra)
Secretary General
School Games Federation of India